

# Teacher Resources

## Sports Medicine/Athletic Training I (7660 and 8316)

The resources listed below may be helpful to teachers as they plan and teach this course. Items with a call number in parentheses are available from the CTE Resource Center Library. Virginia public educators are eligible to borrow up to four library items at a time.

- American Academy of Orthopedic Surgeons (AAOS). <http://www.aaos.org/>. Careers, professional development.
- American Academy of Pediatrics (AAP). <http://www.AAP.org/>. Careers, professional development.
- American College of Sports Medicine (ACSM). <http://www.acsm.org/>. Careers, professional development.
- American Council on Exercise (ACE). <http://www.acefitness.org/>. Careers, professional development.
- American Heart Association (AHA). <http://www.americanheart.org/>. First aid and CPR/AED.
- American Medical Association (AMA). <http://www.ama-assn.org/>. Legal and ethical issues, professional development.
- American Physical Therapy Association (APTA). <http://www.apta.org/>. Careers, professional development.
- American Red Cross. <http://www.redcross.org/>. First aid and CPR/AED.
- Badasch, Chesebro. *Introduction to Health Occupations: Today's Health Care Worker*. Upper Saddle River, NJ: Pearson Prentice Hall, 2004. Medical terminology, careers.
- Becker, Joanne, et al. *Medical Terminology: Language for Health Care*. New York: Glencoe/McGraw-Hill, 2002. Medical terminology. (HO301.041)
- Board of Certification for the Athletic Trainer. <http://www.bocatc.org/>. Careers, professional development.
- Clover, Jim. *Sports Medicine Essentials*. Clifton Park, NY: Delmar Learning, 2001. Prevention, nutrition, assessment, treatment, human anatomy and physiology, exercise physiology, legal and ethical issues, careers, professional development. (HO302.015)
- Dennerll, Jean Tannis. *Medical Terminology Made Easy*. Clifton Park, NY: Thomson Delmar Learning, 2003. Medical terminology. (HO301.047)
- Duyff, Roberta Larson. *Nutrition and Wellness*. New York: Glencoe/McGraw-Hill, 2004. Nutrition. (HE655.169)
- Ehrlich, Ann, and Carol L. Schroeder. *Introduction to Medical Terminology*. Clifton Park, NY: Thomson Delmar Learning, 2004. Medical terminology. (HO301.045)
- Ehrlich, Ann, and Carol L. Schroeder. *Medical Terminology for Health Professions*. Clifton Park, NY: Thomson Delmar Learning, 2005. Medical terminology. (HO301.138)
- France, Robert C. *Introduction to Sports Medicine and Athletic Training*. Clifton Park, NY: Thomson Delmar Learning, 2004. Prevention, nutrition, assessment, treatment, human

anatomy and physiology, exercise physiology, legal and ethical issues, careers, professional development. (HO302.016)

- Health Occupations Students of America (HOSA). <http://www.hosa.org/>. Student organization.
- International Fitness Professional Association. <http://nsca-cc.org/>. Careers, professional development.
- Kowtaluk, Helen, and Alice Orphanos Kopan. *Food for Today*. New York: Glencoe/McGraw-Hill, 2004. Nutrition. (HE655.171)
- Largen, Velda L., and Deborah L. Bence. *Guide to Good Food*. Tinley Park, IL: Goodheart-Willcox, 2004. Nutrition. (HE655.168)
- Lewandowski, Jeffrey. *Assessment of Unorthopedic Sports Injuries: A Sideline Reference Manual*. Thorofare, NJ: Slack, Inc. Assessment. (HO302.012)
- National Strength and Conditioning Association. NSCA Certification Commission. <http://nsca-cc.org/>. Careers, professional development.
- Rice University. Physical Activity Readiness Questionnaire (PAR-Q). <http://www.ruf.rice.edu/~ricerec/pages/PAR-Q.pdf>. Prevention.
- Rybski, Melinda. *Kinesiology for Occupational Therapy*. Thorofare, NJ: Slack, Inc., 2004. Prevention, assessment, biomechanics. (HO310.128)
- Scott, Ann Senisi, and Elizabeth Fong. *Body Structures and Functions*. Clifton Park, NY: Thomson Delmar Learning, 2004. Human anatomy and physiology, nutrition. (HO315.042)
- Sormunen, Carolee. *Terminology for Allied Health Professionals*. Clifton Park, NY: Thomson Delmar Learning, 2003. Medical terminology. (HO301.046)
- Starkey, Chad. *Therapeutic Modalities for Athletic Trainers*. Philadelphia: F.A. Davis, 2004. Treatment, exercise physiology.
- Tenpenny, Kevin. *Physical Therapist Assistant Exam Review*. Clifton Park, NY: Thomson Delmar Learning, 2004. Assessment, biomechanics, legal and ethical issues. (HO310.137)
- U.S. Department of Education. Family Policy Compliance Office. Family Educational Rights and Privacy Act (FERPA). <http://www.ed.gov/policy/gen/guid/fpc/index.html>. Legal and ethical issues.
- U.S. Department of Health and Human Services. Office for Civil Rights--HIPAA. <http://www.hhs.gov/ocr/hipaa/>. Legal and ethical issues.
- U.S. Department of Justice. Americans with Disabilities Act. *ADA Home Page*. <http://www.usdoj.gov/crt/ada/adahom1.htm>. Legal and ethical issues.
- U.S. Department of Labor. Occupational Safety and Health Administration. *OSHA Home Page*. <http://www.osha.gov/>. Legal and ethical issues.
- U.S. Equal Employment Opportunity Commission. <http://www.eeoc.gov/>. Legal and ethical issues.
- Virginia Board of Medicine. *Regulations Governing the Licensure of Athletic Trainers*. <http://www.dhp.state.va.us/medicine/leg/EthicsRegsAT.doc>. Legal and ethical issues.
- Virginia Career View. "Athletic Trainers." <http://www.vaview.vt.edu/career/indexOcc.cfm?id=35&searchLevel=912>. Careers.
- "Virginia Good Samaritan Act." *Code of Virginia* §8.01-225. <http://www.arlingtonva.us/Departments/EmergencyManagement/pdf/goodsam00.vaoems.pdf>. Legal and ethical issues.
- Virginia HOSA. <http://www.vahosa.org/>. Student organization.

- Winterstein, Andrew P. *Athletic Training Student Primer: A Foundation for Success*. Thorofare, NJ: Slack, Inc., 2003. Prevention, assessment, careers. (HO302.014)

