

Standards Correlations

Introduction to Nutrition for Health and Medical Sciences

(8390 - 18 weeks)

Task	SOL Correlations	HOSA Correlations
Demonstrating Personal Qualities and Abilities		
Demonstrate creativity and innovation.	English: 6.1, 6.3, 6.4, 6.6, 6.7, 6.9, 7.1, 7.3, 7.4, 7.6, 7.7, 7.9, 8.1, 8.3, 8.4, 8.6, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WG.4, WHI.1, WHII.1 Mathematics: 6.1, 6.2, 6.3, 6.4, 6.5, 6.6, 6.7, 6.10, 6.11, 6.12, 7.2, 7.3, 7.8, 7.9, 8.2, 8.4, 8.6, 8.7, 8.11, 8.12, 8.17, 8.18, A.9, AFDA.3, AFDA.4, AFDA.5, AFDA.6, AFDA.7, AFDA.8, AII.9, COM.1, COM.3, COM.4, COM.5, COM.8, DM.7, DM.1*, DM.10, DM.2*, DM.3*, PS.3*, PS.4*, PS.7*, PS.9*, PS.10* Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PS.1	
Demonstrate critical thinking and problem solving.	English: 6.1, 6.3, 6.4, 6.5, 6.6, 6.7, 6.9, 7.1, 7.3, 7.4, 7.5, 7.6, 7.7, 7.9, 8.1, 8.3, 8.4, 8.5, 8.6, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8	

Task	SOL Correlations	HOSA Correlations
	History and Social Science: CE.1, CE.4, CE.11, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WG.4, WHI.1, WHII.1 Mathematics: 6.1, 6.2, 6.3, 6.4, 6.5, 6.6, 6.10, 6.11, 7.2, 7.3, 7.8, 7.12, 7.13, 8.2, 8.4, 8.8, 8.9, 8.10, 8.11, A.8, A.9, G.1, G.13, G.14, AFDA.3, AFDA.5, AFDA.8, AII.9, AII.10, AII.11, COM.1, COM.3, COM.4, COM.5, COM.8, DM.4, DM.7, DM.1*, DM.2*, DM.3*, DM.9*, PS.9*, PS.10* Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PS.1	
Demonstrate initiative and self-direction.	English: 6.1, 6.4, 6.6, 6.7, 6.9, 7.1, 7.4, 7.6, 7.7, 7.9, 8.1, 8.4, 8.6, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.4, CE.11, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1	
Demonstrate integrity.	English: 6.1, 7.1, 8.1, 9.1, 9.5, 10.1, 10.5, 11.1, 11.5, 12.1, 12.5 History and Social Science: CE.1, CE.3, CE.4, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1	
Demonstrate work ethic.	English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: CH.1	
Demonstrating Interpersonal Skills		

Task	SOL Correlations	HOSA Correlations
Demonstrate conflict-resolution skills.	English: 6.1, 6.2, 6.4, 6.6, 6.7, 6.9, 7.1, 7.2, 7.4, 7.6, 7.7, 7.9, 8.1, 8.2, 8.4, 8.6, 8.7, 8.9, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, VUS.1	
Demonstrate listening and speaking skills.	English: 6.1, 6.2, 6.4, 6.6, 7.1, 7.2, 7.4, 7.6, 8.1, 8.2, 8.4, 8.6, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1	
Demonstrate respect for diversity.	English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.3, CE.4, GOVT.1, GOVT.16, USI.1, USII.1, USII.9, VUS.1, VUS.13, WG.1, WHI.1, WHII.1	
Demonstrate customer service skills.	English: 6.1, 6.4, 6.7, 7.1, 7.4, 7.7, 8.1, 8.4, 8.7, 9.1, 9.5, 9.6, 10.1, 10.5, 10.6, 11.1, 11.5, 11.6, 12.1, 12.5, 12.6 History and Social Science: CE.1, CE.4, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1	
Collaborate with team members	English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.3, CE.4, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1	
Demonstrating Professional Competencies		
Demonstrate big-picture thinking.	English: 6.1, 6.4, 7.1, 7.4, 8.1, 8.4, 9.1, 9.5, 10.1, 10.5, 11.1, 11.5, 12.1, 12.5	

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	History and Social Science: CE.1, CE.4, CE.12, GOVT.1, GOVT.15, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1	
Demonstrate career- and life-management skills.	English: 6.1, 6.7, 7.1, 7.7, 8.1, 8.7, 9.1, 9.6, 10.1, 10.6, 11.1, 11.6, 12.1, 12.6 History and Social Science: CE.1, CE.4, CE.12, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 8.4	
Demonstrate continuous learning and adaptability.	English: 6.1, 6.4, 6.7, 6.9, 7.1, 7.4, 7.7, 7.9, 8.1, 8.4, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.3, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: BIO.1, CH.1, LS.1, PH.1, PH.4, PS.1	
Manage time and resources.	English: 6.1, 6.2, 6.4, 6.7, 6.9, 7.1, 7.2, 7.4, 7.7, 7.9, 8.1, 8.2, 8.4, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.2, 11.5, 11.6, 11.8, 12.2, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.4, CE.11, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 6.10, 6.11, 6.12, 7.2, 7.3, 7.8, 7.9, 7.10, 7.11, 7.12, 7.13, 8.4, 8.11, 8.12, 8.13, 8.14, 8.17, 8.18, A.4, A.5, A.8, A.9, AFDA.3, AFDA.4, AFDA.5, AFDA.6, AFDA.7, AFDA.8, COM.1, COM.3, COM.5, COM.8	
Demonstrate information-literacy skills.	English: 6.1, 6.2, 6.4, 6.6, 6.7, 6.9, 7.1, 7.2, 7.3, 7.4, 7.6, 7.7, 7.9, 8.1, 8.2, 8.3, 8.4, 8.6, 8.7, 8.9,	

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	9.2, 9.5, 9.6, 9.8, 10.2, 10.5, 10.6, 10.8, 11.2, 11.5, 11.6, 11.8, 12.2, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 6.10, 6.11, 7.8, 7.9, 8.11, 8.12, A.8, A.9, AFDA.3, AFDA.4, AFDA.6, AFDA.7, AFDA.8, DM.8, PS.1*, PS.2*, PS.3*, PS.4*, PS.7*, PS.8*, PS.9*, PS.10* Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PH.1, PS.1	
Demonstrate an understanding of information security.	English: 6.1, 6.2, 6.3, 6.4, 6.6, 6.7, 6.8, 6.9, 7.1, 7.2, 7.3, 7.4, 7.6, 7.7, 7.8, 7.9, 8.1, 8.2, 8.3, 8.4, 8.6, 8.7, 8.8, 8.9, 9.1, 9.2, 9.5, 9.6, 9.8, 10.1, 10.2, 10.5, 10.6, 10.8, 11.1, 11.2, 11.5, 11.6, 11.8, 12.1, 12.2, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: COM.10	
Maintain working knowledge of current information-technology (IT) systems.	English: 6.1, 6.3, 6.4, 6.6, 6.9, 7.1, 7.3, 7.4, 7.6, 7.9, 8.1, 8.3, 8.4, 8.6, 8.9 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 7.8, COM.1, COM.2, COM.7, COM.9, COM.10, COM.11, COM.16, COM.18, PS.17 Science: BIO.1, CH.1, ES.1, PH.1	

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Demonstrate proficiency with technologies, tools, and machines common to a specific occupation.	History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 6.10, 6.11, 7.9, 8.4, A.7, A.8, A.9, AFDA.1, AFDA.3, AFDA.5, AII.4, AII.7, AII.9, COM.1, COM.7, COM.10, COM.11, COM.12, COM.16 Science: CH.1, ES.1, LS.1, PH.1, PS.1	
Apply mathematical skills to job-specific tasks.	English: 6.4, 6.6, 6.7, 7.4, 7.6, 7.7, 8.4, 8.6, 8.7, 9.5, 9.6, 10.5, 10.6, 11.5, 11.6, 12.5, 12.6 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 6.1, 6.2, 6.5, 6.6, 6.12, 6.13, 6.14, 7.1, 7.2, 7.3, 7.4, 7.5, 7.6, 7.8, 7.9, 7.11, 7.12, 7.13, 8.4, 8.5, 8.6, 8.8, 8.9, 8.10, 8.11, 8.12, 8.13, 8.14, 8.15, 8.16, 8.17, 8.18, A.1, A.3, A.4, A.5, A.7, A.8, A.9, AFDA.1, AFDA.3, AFDA.5, AFDA.8, AII.3, AII.7, AII.9, AII.10, COM.1, COM.7 Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PH.1, PS.1	
Demonstrate professionalism.	English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1	
Demonstrate reading and writing skills.	English: 6.1, 6.6, 6.7, 7.1, 7.6, 7.7, 8.1, 8.6, 8.7, 9.1, 9.5, 9.6, 9.7, 10.1, 10.5, 10.6, 10.7, 11.1, 11.5, 11.6, 11.7, 12.1, 12.5, 12.6, 12.7	

Task	SOL Correlations	HOSA Correlations
	History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: 6.1, PH.1, PS.1	
Demonstrate workplace safety.	English: 6.4, 7.4, 8.4, 9.5, 10.5, 11.5, 12.5 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: CH.1	
Examining All Aspects of an Industry		
Examine aspects of planning within an industry/organization.	History and Social Science: GOVT.16	
Examine aspects of management within an industry/organization.		
Examine aspects of financial responsibility within an industry/organization.		
Examine technical and production skills required of workers within an industry/organization.		
Examine principles of technology that underlie an industry/organization.		

Task	SOL Correlations	HOSA Correlations
Examine labor issues related to an industry/organization.	History and Social Science: GOVT.16	
Examine community issues related to an industry/organization.	History and Social Science: GOVT.16	
Examine health, safety, and environmental issues related to an industry/organization.	History and Social Science: GOVT.16	
Addressing Elements of Student Life		
Identify the purposes and goals of the student organization.		
Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.		
Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects.		
Identify Internet safety issues and procedures for complying with acceptable use standards.		
Exploring Work-Based Learning		

Task	SOL Correlations	HOSA Correlations
Identify the types of work-based learning (WBL) opportunities.		
Reflect on lessons learned during the WBL experience.		
Explore career opportunities related to the WBL experience.		
Participate in a WBL experience, when appropriate.		
Understanding the Role of Nutrition		
Describe the historical aspects of nutrition.	English: 10.5, 10.8, 11.5, 11.8, 12.5, 12.8 History and Social Science: GOVT.1, GOVT.15, VUS.8, VUS.10, WHI.2 Science: BIO.8	HOSA Competitive Events (High School) Health Science Events o Knowledge Test: Nutrition
Define <i>macronutrients</i> and <i>micronutrients</i> .	Science: BIO.2, BIO.3	
Describe the linkages between agriculture and nutrition.	English: 10.5, 11.5, 12.5 History and Social Science: VUS.10	
Define <i>genetically modified objects</i> (GMOs).	English: 10.3, 11.3, 12.3	HOSA Competitive Events (High School) Teamwork Events o HOSA Bowl
Identify the roles of the six basic nutrients.	English: 10.5, 11.5, 12.5	HOSA Competitive Events (High School)

Task	SOL Correlations	HOSA Correlations
		Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition Teamwork Events <ul style="list-style-type: none"> o HOSA Bowl
Describe the digestion and metabolism of food.	English: 10.5, 11.5, 12.5 Science: BIO.2	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition Teamwork Events <ul style="list-style-type: none"> o HOSA Bowl
Identify types of diets.	Science: BIO.4	HOSA Competitive Events (High School) Teamwork Events <ul style="list-style-type: none"> o Health Education o HOSA Bowl
Describe the basic food groups relating to the recent dietary guidelines.	English: 10.5, 10.8, 11.5, 11.8, 12.5, 12.8	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology

Task	SOL Correlations	HOSA Correlations
		<ul style="list-style-type: none"> o Knowledge Test: Nutrition Teamwork Events o Health Education o HOSA Bowl
Understanding Nutrition Relating to Various Stages Across the Life Span		
Explain appropriate diets across the lifespan.	English: 10.5, 11.5, 12.5	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition Teamwork Events <ul style="list-style-type: none"> o Health Education o HOSA Bowl
Explain common dietary modifications in childhood, adolescence, and adulthood.	English: 10.5, 10.6, 11.5, 11.6, 12.5, 12.6	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Knowledge Test: Nutrition Teamwork Events <ul style="list-style-type: none"> o Community Awareness o Health Education o HOSA Bowl o Public Service Announcement

Task	SOL Correlations	HOSA Correlations
Assess the socioeconomic environment in food access.	History and Social Science: WG.1, WG.14	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Knowledge Test: Nutrition Teamwork Events <ul style="list-style-type: none"> o Community Awareness o HOSA Bowl
Evaluate the effects of mealtime in society.		HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition o Knowledge Test: Transcultural Health Care
Identify issues that can affect personal nutrition.	Science: BIO.5	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition Teamwork Events <ul style="list-style-type: none"> o Community Awareness o Health Education o Public Service Announcement

Task	SOL Correlations	HOSA Correlations
		Emergency Preparedness Events o Public Health
Describe dietary guidelines recommended for wellness.	English: 10.5, 10.8, 11.5, 11.8, 12.5, 12.8 History and Social Science: GOVT.15	HOSA Competitive Events (High School) Health Science Events o Knowledge Test: Nutrition Teamwork Events o HOSA Bowl o Public Service Announcement
Identify common medical conditions affecting nutrition across the life span.	History and Social Science: GOVT.15	HOSA Competitive Events (High School) Health Science Events o Medical Spelling o Medical Terminology Teamwork Events o HOSA Bowl
Research scientifically-based nutrition information to identify valid and invalid information.	English: 10.5, 10.8, 11.5, 11.8, 12.5, 12.8 History and Social Science: GOVT.15	
Developing an Understanding of Applied Nutrition		
Demonstrate sanitary food handling and storage practices.	History and Social Science: GOVT.9, GOVT.15	HOSA Competitive Events (High School)

Task	SOL Correlations	HOSA Correlations
		<p>Health Science Events</p> <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition <p>Teamwork Events</p> <ul style="list-style-type: none"> o Health Education o HOSA Bowl o Public Service Announcement <p>Emergency Preparedness Events</p> <ul style="list-style-type: none"> o Public Health
<p>Create a one-day menu according to dietary guidelines.</p>	<p>History and Social Science: GOVT.15</p>	<p>HOSA Competitive Events (High School)</p> <p>Health Science Events</p> <ul style="list-style-type: none"> o Knowledge Test: Nutrition <p>Health Professions Events</p> <ul style="list-style-type: none"> o Clinical Specialty <p>Teamwork Events</p> <ul style="list-style-type: none"> o Health Education
<p>Describe the influence of the media on dietary habits.</p>	<p>English: 10.2, 11.2, 12.2</p>	<p>HOSA Competitive Events (High School)</p> <p>Health Science Events</p>

Task	SOL Correlations	HOSA Correlations
	History and Social Science: GOVT.9, GOVT.15, GOVT.16 Science: BIO.1	<ul style="list-style-type: none"> o Medical Spelling o Medical Terminology Teamwork Events <ul style="list-style-type: none"> o Community Awareness o Health Education o HOSA Bowl
Identify current trends in nutrition.	English: 10.5, 11.5, 12.5 History and Social Science: GOVT.15	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition Teamwork Events <ul style="list-style-type: none"> o Community Awareness o Health Education o HOSA Bowl
Explore the types of nutrition professionals.	English: 10.5, 10.8, 11.5, 11.8, 12.5, 12.8 Science: BIO.3	HOSA Competitive Events (High School) Health Professions Events <ul style="list-style-type: none"> o Clinical Specialty Leadership Events <ul style="list-style-type: none"> o Job-Seeking Skills o Medical Photography

Task	SOL Correlations	HOSA Correlations
		Teamwork Events <ul style="list-style-type: none"> o Health Career Display o HOSA Bowl
Maintain a food journal.	English: 10.6, 10.7, 11.6, 11.7, 12.6, 12.7	HOSA Competitive Events (High School) Health Science Events <ul style="list-style-type: none"> o Medical Spelling o Medical Terminology o Knowledge Test: Nutrition Leadership Events <ul style="list-style-type: none"> o Healthy Lifestyle