

# *Workplace Readiness Skills for the Commonwealth*

## Do What You Enjoy

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### **Objective**

Explain the relationship between personal interests and career goals.

### **Procedure**

- Ask students to list activities that bring them the feeling of satisfaction and achievement (e.g., caring for pets, writing, repairing vehicles, mountain climbing, playing a sport, playing a musical instrument, volunteering, protecting the environment, creating art, developing Web sites, creating graphic designs).
- Have students select the activity on their list they most enjoy and have them explain to the class why they enjoy it. List their choices on the board.
- Ask students to suggest occupations they might enjoy based on their interests.

### **Suggested Performance Measure**

Written report on career goals that incorporate personal interests

Virginia Wizard

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