Suggested Learning Activities

Long-Range Goal Planning

Objective
Develop an understanding of why planning is necessary to achieve personal, social, educational, and career goals.

Procedure
Have students complete the “Long-Range Goal Planning” worksheet.
Have individual students volunteer to discuss their goals and the importance of being able to identify them.

Performance Measure
Student completed worksheets: “Goal A: Short-term”, “Goal B: Intermediate”, “Goal C: Long-range.”
Suggested Learning Activities

Long-range Goal Planning

Write down two or more goals that are important to you in each category below.

**Goal A:** Short-term goals that could be reached in the next year:
1. 
2. 
3. 
4. 

**Goal B:** Intermediate goals that could be reached in the next three years:
1. 
2. 
3. 
4. 

**Goal C:** Long-range goals that could be reached in the next five years:
1. 
2. 
3. 
4. 

**A Plan of Action**
From each category, select one goal that is particularly important to you.

1. Goal A: Short

2. Goal B: Intermediate

3. Goal C: Long

To reach any goal, you must have a plan of action. Even a hard-to-reach goal can be reached if you begin working toward it in increments. To help you understand this concept, complete a worksheet for each of the goals identified above under A Plan of Action.
Suggested Learning Activities

Long-range Goal Planning

GOAL A: Short

A goal that could be reached in the next year

Goal A: Short

Things I could do within the next month to begin working toward this goal:

Things I could do within the next three months to begin working toward this goal:

Things I could do within the next six months to begin working toward this goal:

Where I am with my goal at one year:

Things I could do beyond one year:
Long-range Goal Planning

A goal that could be reached in the next three years

Goal B: Intermediate

Things I could do within the next month to begin working toward this goal:

Things I could do within the next three months to begin working toward this goal:

Things I could do within the next six months to begin working toward this goal:

Things I could do within the next year to begin working toward this goal:

Things I could do within the next two years to begin working toward this goal:

Where I am with my goal at three years:

Things I could do beyond three years:
Long-range Goal Planning

A goal that could be reached within the next five years

GOAL C: Long

Things I could do within the next month to begin working toward this goal:


Things I could do within the next three months to begin working toward this goal:


Things I could do within the next six months to begin working toward this goal:


Things I could do within the next year to begin working toward this goal:


Things I could do within the next two years to begin working toward this goal:


Things I could do within the next three years to begin working toward this goal:


Where I am with my goal at five years:


Things I could do beyond five years:


