Hello, My Name Is ... and I Am ...

The purpose of this activity is for students to learn more about themselves through interaction with other people.

Steps to Complete the Activity
Have students
• Write their first name in the center of a 4 x 6 index card.
• Write in each of the four corners an adjective that they think describes an important aspect of their personality.
• Introduce personality traits to another student. Talk about the experiences that led to the choice of each adjective.
• Allow each partner to choose the other’s most important trait.
• Introduce each other to the larger group not only by name but also by personality traits. The key trait should be emphasized to the group.
• Write a short essay describing their four personality traits and what they learned about themselves from this activity. This activity should encourage students to continue to develop their strengths.

Ideas for Differentiation
• Use a diagram on the blackboard to demonstrate how to write the adjectives on the index cards.
• Give students a few minutes to brainstorm experiences where they believe their chosen adjectives were exemplified. Tell students that they will be sharing these, so make notes if necessary.
• Allow students to complete a graphic organizer as an alternative to the essay, or use a graphic organizer as a pre-writing exercise to organize thoughts (http://www.cteresource.org/attachments/atb/wrsc/organizer_name.pdf).
• Allow students to use pictures from the Internet or other sources to represent their traits.

Materials
Materials may include index cards and magic markers.

Teacher’s Notes